

DISK DEFRAGMENTATION IS ALREADY AUTOMATED, SO DON'T DO IT!

If you've been using a PC for a long time, you might have gotten into the habit of defragmenting your hard drive. The good news is that this is something you don't really need to worry about any more.

First, if you're using a solid state drive (SSD), you **should not be defragmenting your drive at all**. It doesn't help, and just creates additional wear and tear on the drive. Windows 10 automatically disables defragmentation on SSDs.

Windows 10 also automatically enables defragmentation on a schedule for traditional hard drives. So, it's really not something you need to worry about. You can just let Windows do its thing.

By default, Windows defragments traditional drives every Wednesday at 1 AM, if you're not using your computer at the time. If your computer with a traditional hard drive is closed down at 1 AM on a Wednesday, don't worry. The next time you boot up, defragmentation will take place in the background.

You can customize the defragmenter schedule if you want, but there's probably no reason to change it.