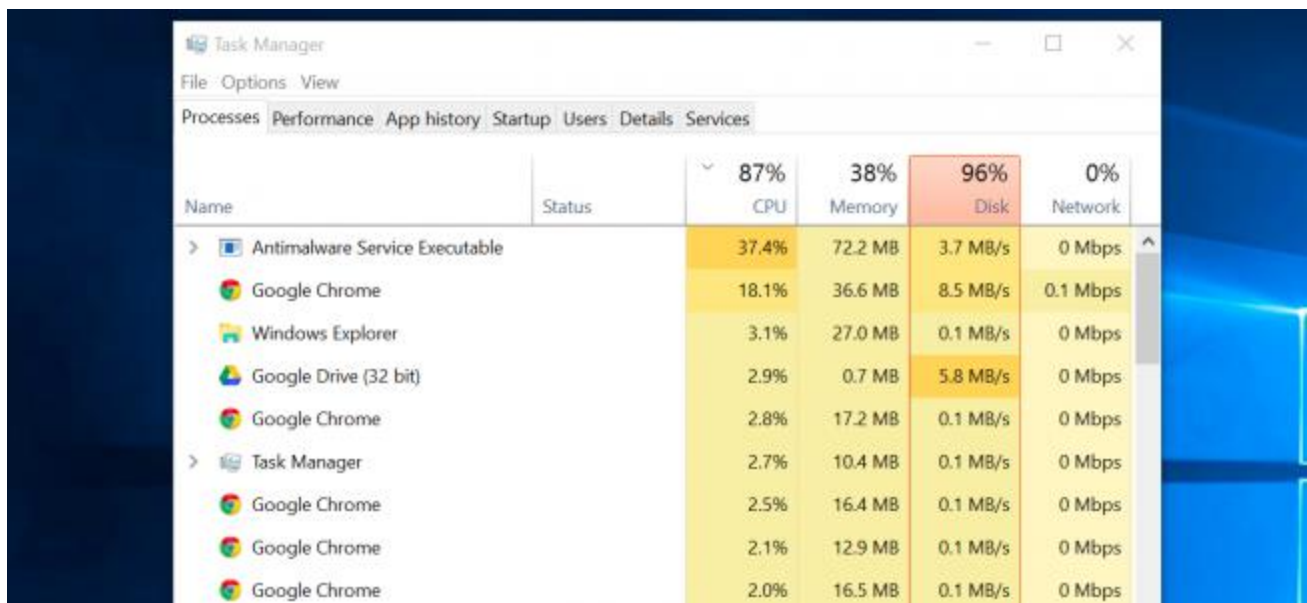


FIND RESOURCE-HUNGRY PROGRAMS THAT SLOW DOWN YOUR COMPUTER

Your PC is running slow because something is using up your CPU resources. If it's suddenly running slower, a runaway process might be using 99% of your CPU resources, for example. Or, an application might be experiencing a memory leak and using a large amount of memory, causing your PC to swap to disk. Alternately, an application might be using the disk a lot, causing other applications to slow down when they need to load data from or save it to the disk.

To find out, open the **Task Manager**. You can right-click your taskbar and select the *Task Manager* option or press Ctrl+Shift+Escape to open it. This tool provides an upgraded interface that color-codes applications that are using a lot of resources. Click the “CPU,” “Memory,” and “Disk” headers to sort the list by the applications using the most resources. If any application is using too much resources, you might want to close it normally — if you can't, select it here and click “End Task” to force it to close.



The screenshot shows the Windows Task Manager Performance tab. The 'Disk' column is highlighted in red, indicating high disk usage. The 'CPU' column is highlighted in yellow, indicating high CPU usage. The 'Memory' column is highlighted in yellow, indicating high memory usage. The 'Network' column is highlighted in yellow, indicating high network usage.

Name	Status	87% CPU	38% Memory	96% Disk	0% Network
> Antimalware Service Executable		37.4%	72.2 MB	3.7 MB/s	0 Mbps
Google Chrome		18.1%	36.6 MB	8.5 MB/s	0.1 Mbps
Windows Explorer		3.1%	27.0 MB	0.1 MB/s	0 Mbps
Google Drive (32 bit)		2.9%	0.7 MB	5.8 MB/s	0 Mbps
Google Chrome		2.8%	17.2 MB	0.1 MB/s	0 Mbps
> Task Manager		2.7%	10.4 MB	0.1 MB/s	0 Mbps
Google Chrome		2.5%	16.4 MB	0.1 MB/s	0 Mbps
Google Chrome		2.1%	12.9 MB	0.1 MB/s	0 Mbps
Google Chrome		2.0%	16.5 MB	0.1 MB/s	0 Mbps