FIND RESOURCE-HUNGRY APPS THAT SLOW DOWN YOUR COMPUTER

Your PC may be running slow because something is using up your CPU resources. If it's suddenly running slower, a runaway process might be using 99% of your CPU resources, for example. Or, an application might be experiencing a memory leak and using a large amount of memory, causing your PC to swap to your hard disk. Alternately, an application might be using the disk a lot, causing other applications to slow down when they need to load data from or save it to the disk.

To find out, open the **Task Manager:** right-click your taskbar and select the *Task Manager* option.

This tool provides an interface that color-codes applications that are using a lot of resources.

Click the *CPU*, *Memory*, and *Disk* headers to sort the list by the applications using the most resources.

If any application is using too many resources, you might want to close it using standard procedures — if you can't, select it here and click "End Task" to force it to close.