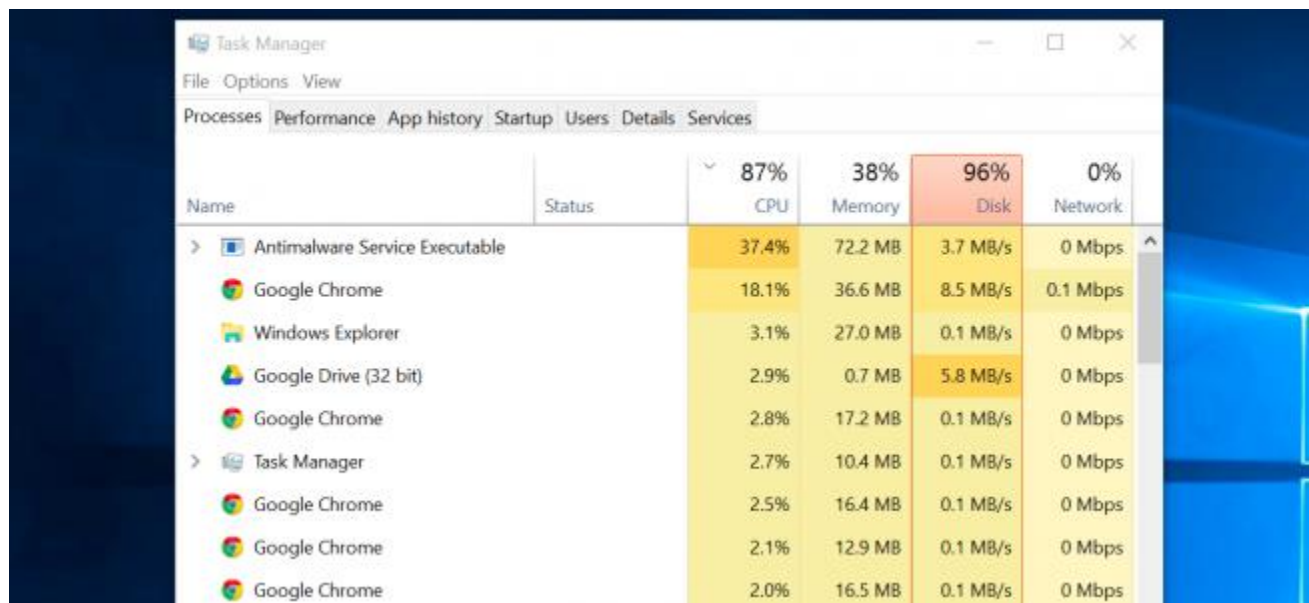


FIND RESOURCE-HUNGRY PROGRAMS THAT SLOW DOWN YOUR COMPUTER

If your computer is suddenly running slower, a runaway process might be consuming much of your central processing unit's resources. Or, an application might be experiencing a memory leak and using a large amount of memory, causing your PC to swap to your slower disk. Alternately, an application might be using the disk a lot, causing other applications to slow down when they need to load data from/to the disk.

To find out, open the **Task Manager**. You can right-click your taskbar and select the *Task Manager* option or press Windows + X, then T to open it. This tool provides an upgraded interface that color-codes applications that are using a lot of resources. Click the “CPU,” “Memory,” and “Disk” headers to sort the list by the applications using the most resources. If any application is using too much resources, you might want to close it normally — if you can't, select it here and click “End Task” to force it to close.



The screenshot shows the Windows Task Manager Performance tab. The top bar indicates overall system usage: CPU at 87%, Memory at 38%, Disk at 96%, and Network at 0%. Below this, a table lists running processes with their respective resource usage. The 'Disk' column is highlighted in red, indicating high activity.

Name	Status	87% CPU	38% Memory	96% Disk	0% Network
Antimalware Service Executable		37.4%	72.2 MB	3.7 MB/s	0 Mbps
Google Chrome		18.1%	36.6 MB	8.5 MB/s	0.1 Mbps
Windows Explorer		3.1%	27.0 MB	0.1 MB/s	0 Mbps
Google Drive (32 bit)		2.9%	0.7 MB	5.8 MB/s	0 Mbps
Google Chrome		2.8%	17.2 MB	0.1 MB/s	0 Mbps
Task Manager		2.7%	10.4 MB	0.1 MB/s	0 Mbps
Google Chrome		2.5%	16.4 MB	0.1 MB/s	0 Mbps
Google Chrome		2.1%	12.9 MB	0.1 MB/s	0 Mbps
Google Chrome		2.0%	16.5 MB	0.1 MB/s	0 Mbps