

## SEE WHAT'S RUNNING AT STARTUP

Windows 10 offers a startup application manager that's integrated into the operating system and simple to understand. It even shows which programs are slowing down your computer's startup the most.

Windows computers tend to boot slower over time as you install more applications, many of which add themselves to startup and contribute automatically to the slow-down process. The Task Manager will help you trim down many of them that do not have to run at startup.

There are several ways to access the Task Manager. One way is to right-click the taskbar and select *Task Manager*. You can also press Ctrl + Shift + Escape to open the Task Manager directly, or press Ctrl + Alt + Delete and click Task Manager. An approach that was introduced in Windows 8.1 is to access the Task Manager by holding down the Windows key and X key at the same time, then press T.)

The Task Manager normally just shows a list of open programs, so you'll need to click "More details" after opening it. Then click the **Startup tab** after accessing the Task Manager's full view.

Most of the applications that are listed under Startup do not have to be started at startup. You can disable most of them without deleting them from your computer. They will simply be available "on demand" rather than running in the background all the time. If you want to know more about a listed app, simply right-click on it and then click on *Search online*.