

## **SLEEP MODE IS HANDY FOR BRIEF PERIODS**

You can make your computer more energy efficient by putting Windows into sleep mode when you are not using the computer for a brief period of time. Sleep mode means that your computer is in a temporary low-power mode. This saves electricity when your computer is plugged in, and it saves battery power when your computer is unplugged.

In sleep mode, Windows keeps your apps open. This is handy because it means that when you return from sleep mode, after you sign in to Windows again, you can immediately get back to what you were doing.

1. Click the Start button.
2. Click the Power button
3. Click Sleep.

To return from sleep mode, press your computer's Power button.